













	Approaches in Treatment Methods of Stuttering Theraphy		
	N⁰	Name	Content
	1	Fluency shaping therapy	Trains stutterers to speak fluently by controlling their breathing, phonation, and articulation (lips, jaw, and tongue). Fluency shaping approaches are often taught in intensive group therapy programs, which may take two to three weeks to complete.
	2	Stuttering modification therapy	The goal of stuttering modification therapy is not to eliminate stuttering but to modify it so that stuttering is easier and less effortful.
	3	Anti-stuttering medications	In this method pharmacological agents, such as anti-convulsants, anti-depressants, antipsychotic and antihypertensive medications, and dopamine antagonists are used.
	4	Anti-stuttering devices	Altered auditory feedback, so that stutters hear their voice differently, have been used for over 50 years in the treatment of stuttering. Altered auditory feedback, effect can be produced by:   • speaking in chorus with another person,   • providing blocking out the stutter's voice while talking (masking),   • delaying the stutter's voice slightly (delayed auditory feedback)   • altering the frequency of the feedback (frequency altered feedback).   Studies of these techniques have had mixed results, with some stutters showing substantial reductions in stuttering, while others improved only slightly or not at all.





















